

Do you want to **QUIT** SMOKING?



Smoking Treatment for Ontario Patients

Our smoking cessation program offers counselling support and Nicotine Replacement Therapy* (patch, gum, inhaler, lozenge) **at no cost** to patients/clients who want to quit smoking

Funded by the government of Ontario

camh

Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale



**not all types of NRT may be available at all times*

**Please speak to clinic staff
for more information**



Addictions Treatment Service
Service de traitement de dépendances
510 Raglan St. N (Lower Level)
510 rue Raglan Nord (rez-de-chaussée)
Renfrew, Ontario K7V 1P5

Mandy Afelskie
Addictions Counsellor



Phone/Téléphone: 613-432-9855
Fax/Télécopieur: 613-432-9917
Toll Free: 1-800-265-0197 (Central Intake)
Email: afelskiem@renfrewhosp.com



ATS STOP SMOKING GROUPS

**Please note if new to Group must arrive minimum 30 minutes prior to the end of the group to complete paperwork.*

Site: Arnprior

Location: Arnprior Hospital, Suite 255

Date: Wednesdays

Time: 12 pm until 1 pm

Site: Barry's Bay

Location: Barry's Bay Hospital, Physio Room on Second Floor

Date: Tuesdays

Time: 12 pm until 1pm

Site: CNL (Only accessible to CNL Employees / contractors with On-Site access)

Location: On Site, Building 500, outside cafeteria

Date: Wednesdays and Thursdays

Time: 11 am until 1 pm

Site: Deep River

Location: Deep River Hospital, Sunroom (Alternate Location is in Classroom)

Date: Every Friday, except the second Friday of every month

Time: 1030 am until 1130 am

Site: Pembroke

Location: 700 Mackay ST (Carefor Building), 2nd Floor, Suite 267

Date: Tuesdays

Time: 130 pm until 330 pm

Site: Renfrew

Location: ATS, 510 Raglan St North, Lower Level

Date: Thursdays

Time: 3 pm until 4 pm