



## GRAND ROUNDS

# RVH Difference inspires community leadership

Laura Carter and Patty Gravelle stood before almost 150 participants and volunteers at the RVH Foundation walk/run to promote breast cancer awareness on October 1 and shared their personal stories.

The two best friends are forever linked by a journey that began with diagnoses of breast cancer, followed by chemotherapy and radiation treatments at the very same time.

“Going through this together has made us twice as strong,” notes Gravelle.

Because of their cancer experience, the two have decided they would like to spearhead the RVH walk/run event in the future.

“Because of the care we received here, this is something we want to continue – to give back as part of the community,” says Carter about the commitment.

They both have participated in similar events in Ottawa previously.

“We want to keep our fundraising dollars close to home. We have a passion for our hospital and our local community. We received top-notch care here at home in the oncology department at RVH. It’s a very special place with very caring staff and physicians,” states Gravelle.

They shared the current statistic that 1 in 8 women will experience breast cancer and

the importance of support for breast cancer awareness, research and care.

“We are grateful for the participants, volunteers and sponsors of this event, and especially for these two very special ladies

who personalized the value of fundraising efforts at this year’s walk/run and are taking on a leadership role in our community,” says Barb Desilets, RVH Foundation Executive Director.



**On October 1 in Low Square, best friends Patty Gravelle and Laura Carter inspired a record number of participants in the RVH “Breast foot forward” walk/run with their personal cancer stories.**

**For more information, contact the Foundation at 613-432-4851 ext. 263**