



## GRAND ROUNDS

### Big city style coming to Renfrew runway

Erica Wark is one of the nation's top style experts and she's excited to help local ladies up their fashion game.

Wark is known for sharing her tips and advice on talk shows like *Etalk*, *The Social* and *The Marilyn Denis Show*, but she's making a very special appearance at GEM Hall in Groves Park Lodge on Friday, November 4.

"With family connections to Renfrew it is really exciting to be involved. I am pleased to be part of the event for RVH staff and the community," shares Wark.

Her presentation will include a live fashion experience with RVH staff helping to model clothing provided by local retailer, Reitmans. Wark will provide tips and free style advice as part of the evening of well-being and fun for all women.

RN Erin Prentice, organizer of the event, says this is a unique opportunity for our community:

"In my line of work we tend to stop taking care of ourselves, providing care to others first; most women are too busy and don't have the time to think about looking stylish. This night is about taking that time, having fun, building confidence and learning tricks to look our best from one of the best in the business," she comments.

Doors will open at 6:45 p.m. to the public, but Prentice expects a full house and advises to purchase tickets in advance. All proceeds will benefit the RVH Foundation.

This event will follow an exclusive presentation featuring guest speaker Lois Wilkie for RVH nursing professionals under BPSO.

Ticket price is \$10 and can be picked up at the Foundation office on the main level at RVH, or reserved by calling 613-432-4851 ext. 312 for more information.



**Fashion expert Erica Wark will be the guest speaker at a special RVH event at GEM Hall in Groves Park Lodge on Friday, November 4.**

**For more information about *I Choose RVH*, contact the Foundation at 613-432-4851 ext. 312**