The Complex Continuing Care Unit at Renfrew Victoria Hospital has seen many changes over the past few years. Our patient faces are ever-changing but our number one goal of care remains the same: continuing, quality, patient-centered care.

To help us achieve our goal our Unit has adopted the ‘End PJ Paralysis’ initiative. You are what you wear. Pajamas say you’re unwell, clothes say you are getting better. We will be promoting our patients to get up, get dressed and to get moving (please see enclosed promotion). We are suggesting that each patient have the following attire while they are in-hospital on the Continuing Care Unit: Shirts, Pants or track pants (comfortable for sitting), socks, shoes with good soles, underwear, undershirt, sweaters. Please keep in mind comfort and mobility issues as your loved one’s normal size may be different. Please talk with the nursing staff to determine appropriate sizes for clothing. Due to limited closet space, we would request that you change the clothes to be seasonally appropriate. Family members are responsible for laundry of individual patients. Please ensure your loved one has enough clothing in their closet to be dressed each day. Unfortunately, Renfrew Victoria Hospital cannot be responsible for lost or misplaced items. It would be helpful if all clothing is marked accordingly or identified. A small laundry basket in the closet would be suitable.

Policy remains unchanged around personal toiletries—we continue to request that you provide the following items for your family member/friend: toothbrush, toothpaste, Polident tabs, comb/brush, shampoo and conditioner, deodorant, electric razor for men, body wash, and body lotion.

At times these items may run out. We can post a notice on the communication board in your loved ones room, or phone or email, to indicate what items are needed. Please let us know which method you prefer.

Appointments may be arranged with your own hairdresser or foot care provider. They are responsible for cleaning and providing their own supplies. The Hospital is not responsible for any lost articles or obtaining fees for services. Payments are to be made directly to hairdresser or foot care provider by patient or family.

Thank you so much in helping us in meeting the needs of your loved one.

If you have any questions or concerns, please feel free to contact the Nurse Manager, Cindy Walker, at ext. 197.