



Want to Quit Smoking for Free?

Free support to help break the habit

Addictions Treatment Services (ATS) provides Nicotine Replacement Therapy (NRT) at no cost. You can access 26 weeks of NRT support (patches, inhalers, gum or lozenges) within a 12-month period. Pick up locations available in Arnprior, Renfrew, Pembroke, Barry's Bay & Deep River + access to a Smoking Cessation Counsellor. Program available to all Ontario residents living in Renfrew County, aged 12 +. For more information or to access this free service, contact ATS Central Intake at

613-432-9855, Monday-Friday, 8:30am-4:30pm. Self-referrals are welcome.

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