



ATS STOP SMOKING GROUPS

**Please note if new to Group must arrive minimum 30 minutes prior to the end of the group to complete paperwork.*

Site: Arnprior
Location: Arnprior Hospital, Suite 255
Date: Wednesdays
Time: 12 pm until 1 pm

Site: Barry's Bay
Location: Barry's Bay Hospital, Physio Room on Second Floor
Date: Tuesdays
Time: 12 pm until 1pm

Site: CNL (Only accessible to CNL Employees / contractors with On-Site access)
Location: On Site, Building 500, outside cafeteria
Date: Wednesdays and Thursdays
Time: 11 am until 1 pm

Site: Deep River
Location: Deep River Hospital, Sunroom (Alternate Location is in Classroom)
Date: Every Friday, except the second Friday of every month
Time: 1030 am until 1130 am

Site: Pembroke
Location: 700 Mackay ST (Carefor Building), 2nd Floor, Suite 267
Date: Tuesdays
Time: 130 pm until 330 pm

Site: Renfrew
Location: ATS, 510 Raglan St North, Lower Level
Date: Thursdays
Time: 3 pm until 4 pm

Do you want to **QUIT** **SMOKING?**



Smoking Treatment for Ontario Patients

Our smoking cessation program offers counselling support and Nicotine Replacement Therapy* (patch, gum, inhaler, lozenge) **at no cost** to patients/clients who want to quit smoking

Funded by the government of Ontario

camh
Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale



*not all types of NRT may be available at all times

**Please speak to clinic staff
for more information**



Addictions Treatment Service
Service de traitement de dépendances
510 Raglan St. N (Lower Level)
510 rue Raglan Nord (rez-de-chaussée)
Renfrew, Ontario K7V 1P5

Mandy Afelskie
Addictions Counsellor



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